RQW
May 8, 1986

Session 8: Dealing with Aspects

Entity: Seven One

The Explorer expresses intention of “getting out of the way” and making the process easy.

Summary: At the beginning, description of sensations and energy movements for a long time.

04:00 Explorer reflects on her relationship to joy

16:50 Channeling starts: “We are here”

Long talk about the channeling process itself and the Explorers’ energies

24:00 Talk about fear

29:50 Interviewer asks about the concept of “aspects” of a person. Long elaboration about it by the channeled entity. How our different aspects can help or limit us in our growth. Practical advice on how to deal with our different aspects.

1:00:00 return and debrief

Very interesting from about min 20 onwards

Report by Arki Eskarmendi